



# Delhi Public School, Howrah

PERIODIC TEST I (2024-2025)

Class-XII

**Care must be taken not to write anything on the question paper. All the questions must be attempted in the correct sequence.**

**SUBJECT: PSYCHOLOGY (037)**

**Time Allowed: - 3 Hours**

**Maximum Marks – 70**

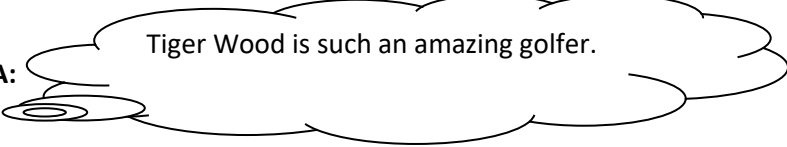
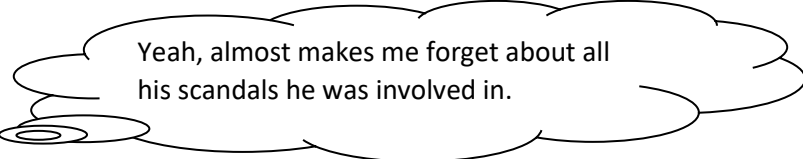

**General Instructions:**

- I. All questions are compulsory except where internal choice has been given.
- II. Question Nos. **1 -15** in Section A carry 1 mark each. You are expected to answer them as directed.
- III. Question Nos. **16-21** in Section B are very short answer type-I questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- IV. Question Nos. **22-24** in Section C are short answer type-II questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- V. Question Nos. **25 - 28** in Section D are long answer type - I questions carrying 4 marks each. Answer to each question should not exceed 120 words.
- VI. Question Nos. **29-30** in Section E are long answer type - II questions carrying 6 marks each. Answer to each question should not exceed 200 words.
- VII. Question Nos. **31 – 34** in Section F are based on two cases given. Answer to each 1 mark question should not exceed 20 words. Answer to each 2 marks question should not exceed 30 words.

Q.NO	SECTION A	MARKS
1	Capacity to use previous experience imaginatively to take care of novel issues is known as- I. Experiential intelligence II. Interpersonal intelligence III. Contextual intelligence IV. Musical intelligence	1
2	Nia is a determined young lady who shows responsibility, diligence and tolerance. Her way of behaving is objective coordinated. Such characteristics focus on _____ facet of integral intelligence. I. Cognitive capacity II. Emotional competence III. Social competence IV. Entrepreneurial competence	1
3	The state of physical, emotional and psychological exhaustion is known as- I. Resistance II. Exhaustion III. Burnout IV. Stress	1
4	<b>Assertion (A):</b> Women are more likely to be affected by social and cultural factors than by biological factors. <b>Reason (R):</b> Freud considered women as inferior. I. Both A and R are true, and R is the correct explanation of A II. Both A and R are true, but R is not the correct explanation of A III. A is true, R is false IV. A is false, R is true	1

5	Rajat is the head of his company. He is highly motivated and hardworking. However, he is unable to relax and is always in a hurry. This is an example of- I. Type A personality II. Type B personality III. Type C personality IV. Type D personality	1										
6	Which of the following provides the best evidence of environmental influence on intelligence? I. There is a higher positive correlation in IQ between identical twins reared apart than between fraternal twins raised together II. There is a positive correlation between the IQ of adopted children and their biological parents III. There is a positive correlation between the IQ of biologically unrelated children raised in the same home IV. There is a higher positive correlation in IQ between identical twins than between fraternal twins	1										
7	The _____ considers intelligence as an aggregate of abilities. It expresses the individual's performance in terms of a single index of cognitive abilities. I. Information processing approach II. Psychometric approach III. Triarchic approach IV. None	1										
8	<p><b>Match List - I with List – II</b></p> <table border="1"> <thead> <tr> <th>LIST I</th> <th>LIST II</th> </tr> </thead> <tbody> <tr> <td>A. Self-efficacy</td> <td>I. Cattell</td> </tr> <tr> <td>B. Real Self</td> <td>II. Maslow</td> </tr> <tr> <td>C. Self-report measure</td> <td>III. Bandura</td> </tr> <tr> <td>D. Self- actualization</td> <td>IV. Carl Roger</td> </tr> </tbody> </table> <p><b>Options:</b></p> <p>I. (A) - (I), (B) - (II), (C) - (III), (D) - (IV)  II. (A) - (II), (B) - (IV), (C) - (III), (D) - (I)  III. (A) - (IV), (B) - (II), (C) - (I), (D) - (III)  IV. (A) - (III), (B) - (IV), (C) - (I), (D) - (II)</p>	LIST I	LIST II	A. Self-efficacy	I. Cattell	B. Real Self	II. Maslow	C. Self-report measure	III. Bandura	D. Self- actualization	IV. Carl Roger	1
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B. Real Self	II. Maslow											
C. Self-report measure	III. Bandura											
D. Self- actualization	IV. Carl Roger											
9	<b>Assertion (A):</b> Neither trait nor type theory can explain personality fully. <b>Reason(R):</b> Personality is the interactive effect of individuality and environment. I. Both A and R are true, and R is the correct explanation of A II. Both A and R are true, but R is not the correct explanation of A III. A is true, R is false IV. A is false, R is true	1										
10	_____ guna includes intensive activity, desire for self-gratification and envy for others. I. Tamas Guna II. Rajas Guna III. Sattva Guna IV. Vata Guna	1										
11	_____ refers to the characteristics in which one individual differs from another in a relatively permanent and consistent ways. I. Type II. Trait III. Personality IV. Intelligence	1										

12	A violent child tends to behave submissively and nicely in front of the principal. This changes in his behaviour is due to _____. I. Individual difference II. Difference in IQ III. Mental Retardation IV. Situationism	1
13	Spatial Ability refers to- I. Skills in forming visual images and patterns II. Sensitivity to feature natural world III. Using the body flexibility and creatively IV. Speed in perceiving details	1
14	Freud believed that if a child's need at one of the psychosexual stages were either unsatisfied or over satisfied, _____ would take place. I. Identification II. Repression III. Regression IV. Fixation	1
15	The reaction to external stressors is called- I. Eustress II. Distress III. Stress IV. Strain	1
<b>SECTION B</b>		
16	How does psychometric approach differ from information processing approach in context to intelligence?  <b>OR</b> State any two differences between culture fair and culture biased intelligence test with suitable example.	2
17	"A student having a strong desire to cheat in the exam is not able to do so because of the strong revolt by the conscious within. So, he suspects that the other classmates might be cheating". Identify and explain the defence mechanism used by this student.	2
18	Abhipsa is high in the ability to think analytically and perform well in academics. With respect to Robert Sternberg's theory, which type of intelligence does Abhipsa possess? Explain this type of intelligence.	2
19	Mohit is an individual who is fat, soft and round along with a temperament that is relaxed and sociable. Identify his personality type as per Sheldon's typology. In this context write about the other two types proposed by him.	2
20	Differentiate between primary and secondary appraisal with a suitable examples.	2
21	State the salient features of gifted children.	2
<b>SECTION C</b>		
22	Mother Teresa believed that she had a mission to fulfil and did what came natural to her, loving others and serving them. Identify the trait being referred here by Gordon Allport and how it affects a person's behaviour. Distinguish it from other traits proposed by him.	3
23	Suppose you want to control your behaviour of gormandizing fast food. Enumerate the psychological techniques of self-control that you are going to adapt.	3
24	"Integral intelligence connects with the social and world environment with the help of a certain competence/ capacity"- In reference to this explain the competencies/capacities.	3
<b>SECTION D</b>		
25	Freud claims that the core aspects of personality are established early, remain stable throughout life, and can be changed only with great difficulty. Justify this statement with the help of Freud's psychosexual stages of development.	4
26	Hiya and Diya are identical twins. They were separated early in childhood. Will they show	4

	similarities in their intellectual characteristics? Give reasons for your answer.	
27	How does projective techniques differ from any other personality assessment techniques?	4
28	<p>A study found that one third of British children at age six are afraid of snakes even though it is rare to encounter snakes in British isles. The children had never come in contact with snakes in a traumatic situation but it still generated anxious response. Explain the theory that best describes the above phenomenon.</p> <p style="text-align: center;"><b>OR</b></p> <p>The tribal Birhor society of Jharkhand allow their children to move freely into forests and learn hunting, gathering skills. How it can be explained from the point of view of cultural approach of psychology?</p>	4
<b>SECTION E</b>		
29	<p>Sumona has been a topper in her class. She went to the topmost college where she was neither sensitive to her own self, nor to the others. This led to problems in interpersonal relationship with reference to her condition. In this context identify the type of intelligence that is not exhibited by Sumona stating its importance in day-to-day life.</p> <p style="text-align: center;"><b>OR</b></p> <p>“Intellectual disability can be defined as significantly sub-average general intellectual functioning existing concurrently with deficits in adaptive behaviour and manifested during the developmental period”- in this context explain the different levels of intellectual disability and their characteristics.</p>	6
30	<p><b>Person A:</b> </p> <p><b>Person B:</b> </p> <p>Identify the effect that is usually seen in behavioural rating in reference to the above conversation. Explain with example the other biases that behavioural rating suffers from.</p> <p style="text-align: center;"><b>OR</b></p> <p></p> <p>Identify and explain the personality test that is depicted in the above picture.</p>	6
<b>SECTION F</b>		
	<p><b>Read the case and answer the following questions:</b></p> <p><b>CASE A</b></p> <p>Sonia has enrolled herself in an undergraduate college. She matches all the expectation of her admission officer. She was selected for the program as she had the perfect entrance score, outstanding grades and excellent letter of recommendation. On the other hand, Sofia did not meet her admission officer’s expectation. She had good grades but low entrance score. However, her letter of recommendation describes her as a very creative girl.</p>	
31	Identify the type of intelligence possessed by Sonia.	1
32	Write about the other two types of intelligence as proposed by Robert Sternberg.	2

	<b>CASE B</b> Anshila is very angry with her boss and would like to quit her job. She is overly kind and generous toward her boss and express a desire to keep working there forever. She is incapable of expressing the negative emotions of anger and unhappiness with her job, and instead becomes overly kind to publicly demonstrate her lack of anger and unhappiness.	
33	Identify the defence mechanism used by Anshila in the above case.	1
34	Briefly write about any other two defence mechanisms with the help of suitable examples.	2