



Delhi Public School, Howrah

PERIODIC TEST I (2025-2026)

Class-XII

Care must be taken not to write anything on the question paper. All the questions must be attempted in the correct sequence.

SUBJECT: PSYCHOLOGY (037)

Time Allowed: - 3 Hours

Maximum Marks – 70

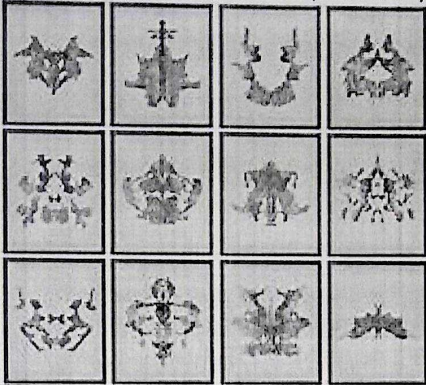
General Instructions:

- I. All questions are compulsory except where internal choice has been given.
- II. Question Nos. **1 -15** in Section A carry 1 mark each. You are expected to answer them as directed.
- III. Question Nos. **16-21** in Section B are very short answer type-I questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- IV. Question Nos. **22-24** in Section C are short answer type-II questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- V. Question Nos. **25 - 28** in Section D are long answer type - I question carrying 4 marks each. Answer to each question should not exceed 120 words.
- VI. Question Nos. **29-30** in Section E are long answer type - II questions carrying 6 marks each. Answer to each question should not exceed 200 words.
- VII. Question Nos. **31 – 34** in Section F are based on two cases given. Answer to each 1-mark question should not exceed 20 words. Answer to each 2 marks question should not exceed 30 words.

Q.NO	SECTION A	MARKS
1	Divya is a diligent girl, who shows commitment, persistence and patience. All her behaviour is goal directed. Such characteristics focus on the _____ facet of integral intelligence. (A) Social Competence (B) Cognitive Capacity (C) Entrepreneurial competence (D) Emotional competence	1
2	Which test requires subjects to manipulate objects and other materials to perform a task? (A) Verbal test (B) Culture fair test (C) Performance test (D) Non-verbal test	1
3	Which of the following will be the MA of a 12-year-old child who has an IQ of 140? (Approx.) (A) 15 years (B) 16 years (C) 17 years (D) 18 years	1
4	Rekha has joined her school football club because she believes that she is very good at football. Therefore, she has a high ____ as far as sports is concerned. (A) Self-esteem (B) Self – efficacy (C) Self- motivation (D) Self- control	1
5	Dismissing anxiety provoking behaviours or thoughts from the unconscious is known as ____. (A) Repression (B) Projection	1

	(C) Rationalisation (D) Denial									
6	Which of the following provides the best evidence of environmental influence on intelligence? (A) There is a higher positive correlation in IQ between identical twins reared apart than between fraternal twins raised together. (B) There is a positive correlation between the IQ of adopted children and their biological parents. (C) There is a positive correlation between the IQ of biologically unrelated children raised in the same home. (D) There is a higher positive correlation in IQ between identical twins than between fraternal twins.	1								
7	Sternberg's practical intelligence is pretty much the same as _____. (A) Vocabulary (B) Common sense (C) Mechanical ability (D) Memory	1								
8	Match List - I with List - II <table><tr><td>a. Hippocrates</td><td>i. OCEAN</td></tr><tr><td>b. Gordon Allport</td><td>ii. Inferiority complex</td></tr><tr><td>c. Costa and McCrae</td><td>iii. Fluid or humour</td></tr><tr><td>d. Alfred Adler</td><td>iv. Cardinal traits</td></tr></table> Options: (A) (a) - (i), (b) - (ii), (c) - (iii), (d) - (iv) (B) (a) - (ii), (b) - (iv), (c) - (iii), (d) - (i) (C) (a) - (iv), (b) - (ii), (c) - (i), (d) - (iii) (D) (a) - (iii), (b) - (iv), (c) - (i), (d) - (ii)	a. Hippocrates	i. OCEAN	b. Gordon Allport	ii. Inferiority complex	c. Costa and McCrae	iii. Fluid or humour	d. Alfred Adler	iv. Cardinal traits	1
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9	Assertion (A): Neither trait nor type theory can explain total personality. Reason(R): Personality is the interactive effect of individuality and environment. (A) Both A and R are true, and R is the correct explanation of A (B) Both A and R are true, but R is not the correct explanation of A (C) A is true, R is false (D) A is false, R is true	1								
10	Archetypes can be found in _____. (A) Myths, dreams, arts and various traditions (B) Conscious (C) Preconscious (D) Positive thinking	1								
11	_____ refers to an individual who expresses their capabilities, potentials and talents to the fullest extent possible. (A) Fully intelligent person (B) Fully functioning person (C) Personality (D) Intelligence	1								
12	An otherwise irresponsible child, tends to show responsibility when given the role of the monitor in the class. This change in his behaviour is due to _____. (A) Individual difference (B) Difference in IQ (C) Mental modification (D) Situationism	1								
13	In the area of intelligence, WAIS stands for _____. (A) Wechsler Adult Intelligence Scale (B) Wernicke Aphasic Intelligence Scale (C) Wechsler Aptitude and Intelligence Scale (D) Wernicke Approximate Intelligence Scale	1								

14	Cultures are characterised as collectivistic when _____. (A) each member of the group maintains his/her Individuality (B) there is a clear dichotomy between self and others (C) self and group remain at a distance (D) self and group have a harmonious co-existence	1
SECTION B		
15	(a) When your aptitude is in sync with your interest, your chances of being successful increases. Justify this statement with appropriate reasons. OR (b) Is intelligence an interplay of nurture and nature? Support your answer with one evidence for each.	2
16	Identify and define the Defense mechanism portrayed in the given case below- The therapist suggests to the client, Amala, that she fails to acknowledge her partner's feelings in an argument. Amala believes she is a very empathetic person, and she thinks she is very responsive to her partner's feelings. In response, Amala argues that it is not her, but her partner who fails to acknowledge Amelia's feelings.	2
17	Anish is high in the ability to integrate different experiences in an original way to make new discoveries and inventions. They quickly find out which information is crucial in a given situation. With respect to Robert Sternberg's theory, which type of intelligence does Anish possess? Explain it.	2
18	Behavioural ratings are frequently used for assessment of personality in educational and industrial settings. State any two major limitations of these rating methods.	2
19	Mir had no recollection of the bicycle he received as a gift on his tenth birthday but when Nila reminded him about the same, he was able to recall it. Why do you think Mir had no recollection of the bicycle?	2
SECTION C		
20	Mother Teresa believed that she had a mission to fulfil and did what came natural to her, loving others and serving them. Identify the trait being referred to here by Gordon Allport and how it affects a person's behaviour. Distinguish it from other traits given by him.	3
21	(a) How does the Indian notion of self differ from the Western notion? OR (b) "The cross-situational consistency of traits is found to be quite low". Evaluate this statement with reference to the interactional approach to personality.	3
22	"Integral intelligence connects with the social and world environment with the help of a certain competence/ capacity"- In reference to this explain the competencies/capacities.	3
23	Kriti and Kavya are siblings brought up in the same environment. Kriti knows all the formulae in mathematics and can recall them as they are but cannot solve problems based on those formulae, whereas Kavya can use formulae to solve any kind of problem that are based on them. Explain the intelligence they both exhibit. Which approach is this theory based on?	3
SECTION D		
24	Freud claims that the core aspects of personality are established early in life, that remain relatively stable throughout life, and can be changed only with great difficulty. Justify this statement with the help of Freud's psychosexual stages of development and the fixations that might happen in each stage.	4
25	What is the relationship between creativity and intelligence? Differentiate between creativity tests and intelligence tests.	4
26	Explain the characteristics of a trait. Describe any two trait approaches to the understanding of personality.	4
27	(a) Describe the model which states that intellectual activity involves the three interdependent functioning of neurological systems. OR (b) The cultural environment provides a context for intelligence to develop. How does the	4

	role of culture influence our understanding of intelligence? Explain.	
	SECTION E	
28	(a) Differentiate between information processing and psychometric approach to understand intelligence. Explain any four theories of psychometric approach. OR (b) "Intellectual disability can be defined as significantly sub-average general intellectual functioning existing concurrently with deficits in adaptive behaviour and manifested during the developmental period"- in this context explain the different levels of intellectual disability and their characteristics.	6
29	(a) Explain the characteristics of direct/ self-report techniques that are used to assess personality. Describe any two such tests. OR (b) Identify and explain the personality test that is depicted in the picture below. 	6
	SECTION F	
	CASE STUDY 1 Read the case study given below and answer the questions (Q 30 and 31) that follow: Shakshi and Enakshi are twins. Both of them stay with their parents and grand-parents. Despite being twins and sharing the same environment, they are different in their own ways. Shakshi is sensitive to different shades of word meanings, she can articulate, and can create linguistic images in their mind. On the other hand, Enakshi loves engaging in abstract reasoning, and can manipulate symbols to solve mathematical problems. Besides these differences, both of them appreciate the beauty of different species of flora and fauna and tries to stay close to nature.	
30	Identify the types of intelligences possessed by the twins.	1
31	State the role of nature in this scenario.	2
	CASE STUDY 2 Read the case study given below and answer the questions (Q 32 and 33) that follow: Samar is a school going child. Due to a lockdown, he is at home. One day he happens to have an instinct to eat an ice-cream cone. However, there is only one ice-cream cone in the refrigerator. He wants to grab the cone and eat it. He also realizes that if he grabs the cone without asking, he may be punished. The best way for Samar to achieve gratification is to ask for permission to eat the cone. In this way, he knows that if his behaviour is morally correct and this approach towards obtaining the ice-cream will not create guilt, fear or anxiety in him.	
32	What determines that Samar's behaviour is morally correct and guilt free?	1
33	Name the principles on which Id, Ego and Superego works.	2